

# Therapy Material Prompts

## 1. Articulation / Speech Sound Disorders

### Schools (K–12)

- Create a short narrative (100–140 words) at a 2nd-grade reading level that includes at least 10 words with the /r/ sound in all positions. Highlight the target words in bold.
- Generate a list of 20 picture description prompts that include one /k/ initial word per prompt.
- Create a minimal pairs worksheet for /s/ and /st/, including pictures and sentences for each pair.

### Outpatient Pediatric

- Make a 6-step story sequence using /ch/ words (3 initial, 2 medial, 1 final).
- Provide a play-based script using toy animals targeting final /t/ (e.g., ‘sit,’ ‘eat,’ ‘bite’). Include carrier phrases.

### Early Intervention

- Create a 10-minute play routine using bubbles that elicits CVC words with /p/, /b/, /m/. Provide parent prompts and expansion models.
- List 15 functional daily routines (bath, snack, etc.) with 2–3 target /m/ words each and parent modeling lines.

### Skilled Nursing Facility (SNF)

- Provide 40 words that are difficult to say quickly due to blends or clusters (e.g., “spring,” “clinic”). Divide into initial blends, medial blends, and final blends. Only include meaningful adult vocabulary used in medical or daily-care settings.
- Produce 25 multisyllabic functional adult words with varied stress patterns that challenge articulatory transitions (e.g., “radiator,” “television”). Sort into stress patterns (e.g., strong-weak, weak-strong).

## 2. Fluency

### Schools

- Create a 15-minute classroom activity teaching ‘easy onset’ for 4th graders. Include demo, group practice, and reflection questions.

- Write a social script for a student explaining their speech tools during a presentation, written at a 6th-grade reading level.

### **Early Intervention**

- Provide parent education explaining 'normal disfluency' vs 'red flags' in 2 friendly paragraphs plus examples.
- Create child-friendly carrier phrases for toy play that promote slow speech (e.g., 'I am moving sloooow like \_\_\_\_').

### **Skilled Nursing Facility (SNF)**

- Generate counseling education about fluency changes after neurological injury (simple vocabulary, <150 words).
- Create functional fluency tasks for phone use (calling pharmacy, scheduling appointments). Include scripts + pacing cues.

## **3. Language (Expressive + Receptive)**

### **Schools**

- Create a vocabulary unit using 5 words from (insert story) with kid-friendly definitions, synonyms, pictures, and sentences.
- Generate 10 sentence expansion exercises using 'because,' 'if,' and 'so.' Include a correct answer guide.

### **Outpatient**

- Make a WH-question game using 5 pictures of community helpers with scripted question levels (yes/no → who → why).
- Provide a 20-item following directions task with increasing grammatical complexity (e.g., 'Before you \_\_\_\_, then \_\_\_\_').

### **Early Intervention**

- Design a parent-led routine for snack time targeting agent-action (e.g., 'Mommy cut,' 'Daddy pour'). Provide 15 models + expansions.

### **Skilled Nursing Facility (SNF)**

- Create functional receptive language tasks for understanding medical instructions ('before,' 'after,' 'except').
- Generate a simple sequencing task using coffee-making with comprehension questions.

## **4. Voice**

### **Schools**

- Create a 15-minute lesson for vocal hygiene in a 5th-grade class, including ‘do vs don’t’ examples and activities.
- Create a short comic dialogue that shows vocal misuse and its proper alternatives.

### **Outpatient**

- Write a Vocal Function Exercise plan using child-friendly metaphors (e.g., ‘slide like a rollercoaster’).

### **Skilled Nursing Facility (SNF)**

- Provide a short education sheet explaining reflux and voice with 5 lifestyle changes written at a 6th-grade reading level.

## **5. AAC**

### **Schools**

- Generate a list of 30 fringe vocabulary words for an AAC user to participate in art, music, and PE classes. Group the words by activity and provide a short sample phrase for each word (e.g., “paint – I want to paint”).
- Make a list of 25 AAC-friendly social starters that a middle school student could use with peers (e.g., “Want to sit here?”, “That’s funny!”). Keep each under 5 words.

### **Outpatient**

- Create a “core word of the week” plan for 4 weeks for an AAC user (ages 5–9). For each core word, provide: 5 play-based activities, 5 model phrases, and 3 coaching tips for parents.
- Create a weekly home practice “AAC menu” with 10 quick activities (5 minutes or less) parents can do to model their child’s device. Include the target core words and example model phrases for each activity.

### **Early Intervention (Birth–3)**

- Generate 30 core words for AAC that can be modeled during daily routines for toddlers (meals, bath, diaper changes, play, bedtime). For each routine, list 4–5 suggested words and 2 simple model phrases the caregiver could say while touching the AAC.

- Write a 1-page, parent-friendly handout explaining what AAC is, why it can help toddlers who aren't talking yet, and 5 simple ways to model on the device during play. Use warm, encouraging language at a 6th-grade reading level.

### **Skilled Nursing Facility (SNF)**

- Design a simple AAC word list for an adult in a skilled nursing facility with limited verbal output. Include yes/no options, pain/symptom descriptors, basic needs (bathroom, reposition, thirsty, hungry), and emotional states. Group the words into categories that could be placed on a low-tech communication board.
- Create 30 short AAC phrases (3–5 words) that an older adult in a nursing home might want for social interaction with staff, family, and peers (e.g., “Tell me about your day,” “I’m glad you’re here,” “Turn the TV up”).
- Provide a prioritized list of 60 words/phrases that should appear on a low-tech backup communication board for a dysarthric adult with intermittently unreliable speech. Include: basic needs, comfort, pain, medical information, people, time, and yes/no/maybe options.

## **6. Cognition**

### **Schools**

- Create inferencing tasks using school lunch scenarios with 5 multiple-choice questions & 1 open-ended question.

### **Outpatient**

- Make a card-sorting activity for categorizing community objects by function (tools, food, clothing) with wrong-answer traps.

### **Early Intervention**

- Write 10 caregiver strategies to enhance joint attention and turn-taking using household objects.

### **Skilled Nursing Facility (SNF)**

- Create a medication management reasoning task: 10 problem-solving questions, increasing difficulty.
- Generate memory compensatory strategy education with step-by-step external aids.

## **7. Social Communication**

## **Schools**

- Create perspective-taking scenarios for recess conflicts. Include parts: 'What they feel,' 'What you can say.'

## **Outpatient**

- Design a script for teens for apologizing sincerely using a 4-step breakdown + practice dialogues.

## **Early Intervention**

- Provide caregiver modeling lines for turn-taking during ball play (3 examples per skill: request, wait, hand-over).

## **Skilled Nursing Facility (SNF)**

- Create functional conversation starters for group therapy in a nursing home. Include questions + follow-ups.

# **8. Swallowing (Dysphagia)**

## **Schools (Medically Complex)**

- Create a 1-page school feeding protocol template using bullet points and clear instructions for aides.

## **Outpatient**

- Make a kid-friendly sensory description list with 40 words children can use during feeding therapy (e.g., "squishy," "crunchy," "warm," "sticky"). Include a definition and a sentence model for each word. Keep reading level 1st–2nd grade.

## **Early Intervention**

- Write a parent handout on pacing + utensil modeling for toddlers with oral-motor delay.

## **Skilled Nursing Facility (SNF)**

- Create an individualized dysphagia exercise program for an adult in a skilled nursing facility. Base the exercise selection on: reduced tongue base retraction, delayed swallow initiation, and decreased hyolaryngeal elevation. Include 3–5 exercises per deficit, dosage, safety precautions, contraindications, and home carryover.